Conflict of Interest

The planners and faculty have no conflict of interest in Game Changing Approaches to Dementia Care for Helping Professionals. The information presented is from various medical studies and research and will be presented in a fair and unbiased manner.

Commercial Sponsorship

Sponsors of this event have not been nor will be involved in the assessment of learning needs, determination of objectives, selection or development of content, selection of presenters or faculty, selection of teaching/learning strategies and the evaluation of this activity.

Non-endorsement

Approved provider status does not imply endorsement by ComForCare Home Care or New Jersey Social Work Board of any products displayed in conjunction with any activity.

Criteria for Successful Completion

Each attendee must sit through the entire three-hour presentation. If an attendee does not sit through the entire presentation, a certificate, thus credit, will not be provided.

During the presentation Dr. Deborah Bier will be providing the CEU presentation and a representative from ComForCare Home Care will be monitoring the presentation. If an attendee leaves in the middle of the presentation, a certificate will not be issued.

Attendees must sign in on the official sign-in sheet by recording the time that they arrived and recording their signature, in addition, each attendee must sign out on the same official sign-in sheet by recording the time that they departed and include a signature.

At the end of the presentation, a signed certificate and will personally provided to each attendee in exchange for a completed evaluation form. Each attendee will not receive a certificate until a completed evaluation form is submitted. The designated representative will ensure that this is completed appropriately and that no attendee will receive the certificate prior to the presentation being completed.

Each signed certificate will be physically handed to the attendee. If an attendee is not present to receive the certificate, the certificate will not be provided to a co-worker to distribute.
Our criteria for successful completion is 100% of all attendees complete the entire workshop, complete the evaluation form provided and turn the day of the presentation and sign in/out on the official sign-in sheet. Following, you will receive a certificate of completion.

Speaker Bio - Deborah Bier, PhD

Deborah Bier, PhD, is CFC/AYS’s dementia care specialist. She is been a psychotherapist and non-medical home care director for 25 years. In private practice, Deborah specializes in helping patients struggling with significant or chronic physical illness, working with individuals and multi-generational families. Her work includes strength-based therapy, care management, wellness activities planning and holistic health care modalities. Her skills merged seamlessly with home care agencies with whom she has previously worked. Deborah holds a doctorate degree in therapeutic counseling and is certified by the Massachusetts Alzheimer’s Association and the Commonwealth of Massachusetts to train dementia caregivers and coach dementia families. She is a lively and well-received speaker and a widely-published author on health and healing topics. She is also the dementia columnist for PsychCentral.com, the Internet’s largest and oldest, independent mental health social network. Deborah is also an experienced care trainer and has supervised caregivers and other support staff in her role as a director of home care. In addition to her education from the best, leading-edge dementia coaches and trainers, she is committed to keeping up with the most current research on dementia, which includes the fields of psychology, gerontology and neurology. She is able at translating research outcomes into concrete and immediately-useful methods to improve hands-on care. It is for these reasons and more that makes Deborah an expert in dementia and makes her an excellent choice for author and facilitator of this very meaningful presentation.

Purpose

Almost universally, professionals working with patients with dementia are not systematically taught current best practices for daily dementia care as encompassed by Habilitation methods approved by the Alzheimer’s Association as best practices. When Habilitation best practices are presented to health care professionals, they consistently express their surprise that they never knew this information, and how they could have used these methods in caring for their dementia patients. After training, health care professionals will be able to put the concepts into use, with highly positive outcomes. Attendees will learn how difficult dementia behavior is reduced or prevented, quality of life improves for both caregiver and patient, and cooperation and acceptance of care increases significantly. This information, more widely disseminated, will continue to transform care environments for the better.
Outcome

The purpose of this activity is to enable the learner to care for patients with dementia and to better support their families using cutting-edge dementia care best practices taught in the presentation.

Learning Objectives

1. Explain effective behavioral management techniques which can prevent or reduce difficult dementia behavior.
2. Explain how to make a differential diagnosis for the most prevalent types of dementia, and understand better care needs that are specific to each.
3. Distinguish varying sensory limitations of dementia patients and how to best adapt care given these disabilities.
4. Discuss how dementia complicates pain management and identify how to help a patient locate pain experienced when unable to communicate due to their dementia.
5. Describe how delirium and dementia are related, its impact on hospitalized patients and how to prevent and monitor for delirium experienced by patients with dementia in the hospital.
6. Illustrate the specific types of drugs that can mimic dementia or make it worse and successful non-pharmacologic approaches to care.
7. Describe how to identify families who are struggling emotionally with their loved one's dementia and how to best approach for effective interaction.

Agenda

1. **Introduction** - 11:58 am - 12:05p - 7 minutes
   a. Dr. Deborah Bier to provide introduction and brief overview
   b. Provide sponsorship disclosure statement
   c. Basic Alzheimer's/Dementia information provided

2. **Preventing difficult dementia behavior** - 12:05-12:30 - 25 minutes
   a. Key learning objective: Explain effective behavioral management techniques which can prevent or reduce difficult dementia behavior.
      i. Best practices
      ii. Non-pharmacological management techniques
      iii. Three examples of difficult behavior being prevented or reduced.
      iv. Three pivotal best practice care methods
   b. Summary of section
   c. Apply information learned in scenario format (individual activity)

3. **Different Types of Dementia and Their Care Needs** – 12:30 - 12:50 - 20 minutes
a. Key learning objective: Explain how to make a differential diagnosis for the most prevalent types of dementia, and understand better care needs that are specific to each.
   i. Understanding different dementias
   ii. Review 5 types of prevalent dementia
      1. Provide details of the different types of dementia and their differing disabilities/abilities
      2. Provide details of the different types of dementia and their differing care needs
b. Summary of section
c. Apply information learned in scenario format (small group activity)

4. Surprising Sensory Changes in Dementia 12:50 - 1:25 - 35 minute
a. Key learning objective: Distinguish varying sensory limitations of dementia patients and how to best adapt care given these disabilities.
   i. Dementia is not just memory loss – it spans many other types of functionality
   ii. Review lost functional abilities when an individual has dementia
   iii. 14 areas affected. How sensory processing is affected – emphasis on visual and auditory realms
b. Summary of section
c. Apply information learned in scenario format (individual activity)

5. Break - 15 minutes 1:25 - 1:40

6. How Dementia Complicates Pain Management 1:40 - 2:00 - 20 minutes
a. Key learning objective: Discuss how dementia complicates pain management and identify how to help a patient locate pain experienced when unable to communicate due to their dementia.
   i. Under-managed pain is a significant trigger of difficult dementia behavior
   ii. Dementia patients historically do not complain of pain, yet recent research shows they experience just as much – if not more – pain as people without dementia.
   iii. Present the disconnection between reported and experienced pain
   iv. Improved practices for identifying, locating and managing pain in dementia patients.
   b. Summary of section
c. Apply information learned in scenario format (small group activity)

7. Delirium and Dementia: A Hidden Epidemic 2:00 - 2:25p - 25 minutes
a. Key Learning Objective: Describe how delirium and dementia are related, its impact on hospitalized patients and how to prevent and monitor for delirium experienced by patients with dementia in the hospital.
   i. More than half of dementia patients experience delirium in the hospital.
   ii. Best care practices
iii. Pre-admission functional baseline generally missing
iv. Common types of impairment following hospital delirium

b. Summary of section
c. Apply information learned in scenario format (individual activity)

8. Drugs That Can Make Dementia Worse - 2:25 - 2:50 - 25 minutes
   a. Key learning objective: Illustrate the specific types of drugs that can mimic dementia or make it worse and successful non-pharmacologic approaches to care.
      i. Anticholinergic Drugs: overview and common types
      ii. Anti-cholinergics Drugs: overview and common types
   b. Summary of section
c. Apply information learned in scenario format (small group activity)

9. Working with Challenging Dementia Families 2:50 - 3:10p - 20 minutes
   a. Key learning objective: Describe how to identify families who are struggling emotionally with their loved one's dementia and how to best approach for effective interaction.
      i. Discuss how a major obstacle to best care for dementia patients is often a result of challenging family dynamics and how to address them.
      ii. How to provide proper education to family caregivers, including best practice care methods that can be shared.
      iii. How to best approach the subject of dementia for an effective interaction
   iv. Summary of section
   v. Apply information learned in scenario format (individual activity)

10. Conclusion 3:10 - 3:15
    a. Review main concepts presented
    b. Summarize best practices

11. Evaluation 3:15 - 3:25
    a. Attendees complete the evaluation form and turn into the designated individual. Upon receipt, attendee will be provided a signed certificate.

Course Approval

“This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #XX Course #XX from XX/XX/XXXXX to XX/XX/XXXXX. Social workers will receive the following type and number of credit(s): General social work 3.”
Compliant and Grievance Process

All complaints from participants must first be directed to Stephanie Wierzbicka in writing via email to: swierzbicka@comforcare.com.

If the compliant is reviewed by Stephanie Wierzbicka, Stephanie will inform the ASWB of the compliant and the outcome. In addition, Stephanie Wierzbicka will inform the attendee of receipt and that investigation will occur. Stephanie will respond to the attendee within 10 business days with a resolution.

New Jersey social workers not pleased with a grievance resolution provided by ComForCare may appeal to the approving entity or their jurisdictional board.

Potential resolutions could include, but are not limited to: suspending the facilitator's approval status to present the information, eliminate a sponsor from assisting with a community event, revise procedures and/or materials distributed.

Requesting ADA accommodations

If an attendee would like to request an accommodation, the individual must inform Stephanie Wierzbicka and inform which request is need that is related to a medical condition.

Requests for reasonable accommodation must be provided to Stephanie Wierzbicka via email at: swierzbicka@comforcare.com at least two weeks prior to the event. The response will be reviewed and if necessary, the facility will be contacted within 24 hours of the request being sent.

It will be requested that the facility respond with 24 hours of a request, in which the attendee making a request will be provided a response within 72 hours of the initial request.